

**Références bibliographiques pour la vidéo :**  
**La rumination du traumatisme : secret de croissance**  
**et d'accomplissement !**  
**de Cyrinne Ben Mamou, PhD**



La vidéo est accessible sur le site de formation [formations.cyrinne.com](https://formations.cyrinne.com) dans la série Vidéo-Blog (<https://formations.cyrinne.com/store/gFoz5MzK>)

ou encore sur le site <http://cyrinne.com/la-rumination-du-traumatisme-un-secret-de-croissance-et-daccomplissement/>

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